

# EXPLORING THE FIELD OF LOVE INTO A KINDER, MORE COMPASSIONATE WORLD

## CoreLight's Annual All-Student Conference

### A VIRTUAL RETREAT

*With Leslie Temple-Thurston and Brad Laughlin*

*November 10-12, 2017*

As destructive, chaotic and intense energies move through our world, there is a feeling of collective shattering and a sense of disillusionment. The world is not working. Our systems are broken. The weather is tumultuous. Terrorism and war are scary. Our leaders are not acting like leaders but rather exhibiting the worst of human behavior.

Collectively we are experiencing massive change and a dark night of the soul. We appear to be in a great battle between light and dark, and life and death, which can feel like an enormous struggle.

Despite this, it is possible to maintain our clarity and to feel uplifted amidst the challenges.

It is important to remember that the destructive energies are here for a purpose. They are helping to accelerate the changes so that a new paradigm of love can birth more quickly.

For those who are sensitive, we can feel a field of love emerging on our beloved planet. Even amidst the intensity and changes, we can choose to live in this field of love.

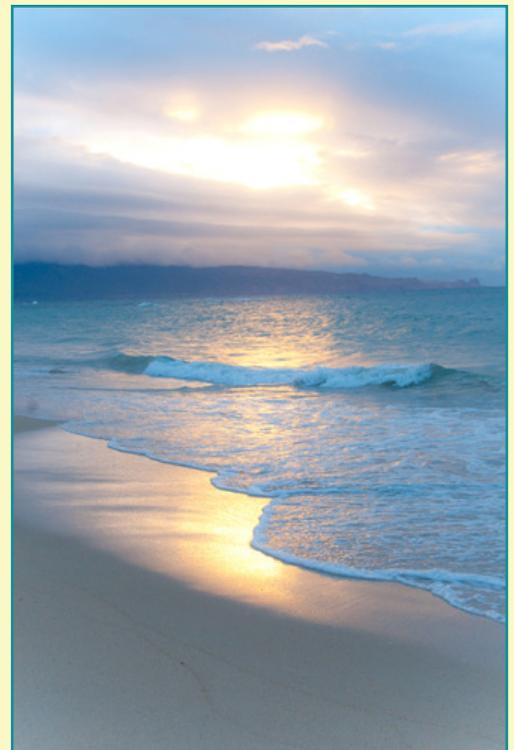
#### **How do we live in love amidst the great challenges of our time?**

As a community of heart-centered souls, we will focus on this primary question and explore many aspects of the field of love, including:

- \* Surrender and Trust
- \* Joy
- \* Compassion
- \* Beauty
- \* Community
- \* Connection with the Earth
- \* Balancing masculine and feminine energies

The task we came to do is at hand. The time is now. Great change is upon us.

We are the vanguard. Our hearts know that a kinder, more compassionate and beautiful world is possible.





It's time to give up what doesn't serve, to trust and to stand in our power—which is love.

Love is who we truly are—pure love and awareness. Let us embody this truth.

We invite you to join us in exploring the field of love!

## THE VIRTUAL RETREAT EXPERIENCE

Taking the time to sequester in silence, meditate and go within is profoundly supportive. By taking refuge in our sanctuaries and giving ourselves full permission to focus on the spiritual journey, we feel the love, the light and the transcendent energies that are pouring into Earth, which opens the door for quantum leaps in consciousness.

By gathering in virtual community, together we hold a Field of subtle energy. The Field supports our consciousness and also helps to create a tipping point for the planet as we work together to manifest a miracle for the Earth and birth a new paradigm of heart-centered consciousness. As our worldwide community has experienced with prior virtual retreats, there truly is no time and space. Even though we are physically separated by vast distances, oceans and continents, we are deeply connected in the Oneness. Our unified field is a profound and palpable presence that uplifts, heals and endures.

We hope you will join us for meditation and discussion as we become of one heart and one mind and strengthen the Field at this pivotal time for the Earth and humanity. It is an ideal time to sequester in the silence, recharge our inner batteries and move into the transcendence together.



## ABOUT THE RETREAT

This retreat is open to all [Spiritual Warrior](#) and [Enhanced Self-Discovery students](#) and graduates. If you have never joined us for a virtual retreat, we offer some guidelines about [how to set up a sanctuary in your home](#) and how to prepare for the virtual retreat by creating a silent, sacred space conducive to going inward. If your home is not an option, you can join us from a retreat space or sanctuary of your choice.

Each day our worldwide community will gather by phone-bridge to receive spiritual inspiration and guidance and to share with each other. Leslie and Brad will host three calls, which will include a talk and time for questions, answers and group discussion. Leslie will primarily remain silent and offer a transmission of Shakti while Brad speaks. The CoreLight teachers will host two optional processing calls as well.



## OPTIONAL PROCESSING SESSIONS WITH CORELIGHT TEACHERS

We are delighted to have the CoreLight teachers participating with us in facilitating the virtual retreat. Here is a message from them about their offering:

*During this retreat, we would like to invite you to connect with us for two optional processing sessions to support you in fleshing out any shadow that may be surfacing during our time together.*

*As this profound shift of consciousness takes place, we are being asked more and more to stay in the witness and become the embodiment of Love and Peace. In order for us to do that, we would like to come together in the Spirit of Oneness, and collaborate on bringing more conscious awareness to the self-limiting beliefs that keep us stuck in separation. Implementing the squares processing technique that Leslie has taught us supports us in letting go of these polarized states and brings us more and more into balance, thus creating space for personal, as well as collective healing to take place.*

## YOGA WITH CHARU

We are delighted to have our friend, CoreLight Teacher and renowned yoga instructor, Charu Rachlis, to lead us in virtual yoga sessions on Saturday and Sunday. She will present a new form of yoga she calls, *Embracing the Body and Breath with Conscious Awareness*.

*“This is an exploration, an experimental journey with and into the body/ breath—surrendering into the exquisite dance between the rhythmic flow of the breath and the lightness of movement of the new body. It is a celebration! Just show up and let your body/breath dance in a flow of rhythm and grace. No yoga experience is necessary.”*

*~ Charu*

Charu has made a video to accompany the yoga class to enhance our virtual yoga experience. She suggests we use comfortable clothes and if possible be barefoot during the yoga session with her. We are excited about this wonderful opportunity!



## RETREAT SCHEDULE FOR NORTH AND SOUTH AMERICA (US Pacific Time)

### ***Friday November 10***

- 6-8pm Phone-bridge discussion with Leslie and Brad
- 8-9pm Synchronized meditation

### ***Saturday-Sunday November 11-12***

- 6-7am Synchronized meditation
- 7-7:30am Yoga with Charu
- 9am-12pm Phone-bridge discussion with Leslie and Brad
- 12pm-1pm Synchronized meditation
- 2-4pm Optional Processing call with CoreLight Teachers (North & South America)
- 4-5pm Synchronized meditation
- 8-9pm Synchronized meditation

## RETREAT SCHEDULE FOR EUROPE AND SOUTH AFRICA (South Africa Time)

### ***Friday November 10***

- 8-9pm Synchronized meditation (for Europe and South Africa)

### ***Saturday November 11***

- 6-7am Synchronized meditation (with worldwide group)
- 8-11am Listen to recording of Friday night's (US time) phone bridge
- 11am-12pm Synchronized meditation (for Europe and South Africa only)
- 2-4pm Optional Processing call with CoreLight Teachers (Europe and South Africa)
- 4-5pm Synchronized meditation (with worldwide group)
- 5-5:30pm Yoga with Charu
- 7-10pm Live phone bridge discussion with Leslie and Brad
- 10-11pm Synchronized meditation (with worldwide group)

### ***Sunday November 12***

- 6-7am Synchronized meditation (with worldwide group)
- 9-10am Synchronized meditation (for Europe and South Africa only)
- 2-4pm Optional Processing call with CoreLight Teachers (Europe and South Africa)
- 4-5pm Synchronized meditation (with worldwide group)
- 5-5:30pm Yoga with Charu
- 7-10pm Live phone bridge discussion with Leslie and Brad
- 10-11pm Synchronized meditation (with worldwide group)

*Please calculate the times for your particular time zone [here](#).*



## LOGISTICS

The retreat is offered in the spirit of service and generosity, with a sliding scale available for those who need it. The tuition is \$225 for the three-day retreat. If you can't afford that amount, you are welcome to contact Dhari to either work out a payment plan or to make another arrangement.

If you can afford to give more, please do, as this will help compensate for those who cannot afford the recommended tuition price. Please give generously in support of CoreLight's work for the world. We thank you for your generosity. No one will be turned away due to lack of funds.



To register, please do one of the following no later than November 8:

- If your credit card is not on file with CoreLight, phone Dhari, give her your cc info and tell her the amount you want debited: (505) 424-8844.
- If your credit card information is on file with CoreLight, email Dhari and tell her the amount you want debited: [dhari@corelight.org](mailto:dhari@corelight.org).
- If you are not paying by credit card, email Dhari to confirm your attendance at [dhari@corelight.org](mailto:dhari@corelight.org) and send a check to: CoreLight, 223 North Guadalupe Street #275, Santa Fe, NM 87501. This option is for US only.

## COMMITMENTS FOR THE WEEKEND

At previous CoreLight virtual retreats, we learned as a group about the importance of caring properly for the Field. We learned that if all retreat participants do not hold the Field in integrity, it loses its power, luminosity and ability to support us. We learned how to care for and maintain the Field—what to do and what not to do. Based on our experience, we invite you to make the following commitments for this weekend retreat.

I agree to:

- Create a sanctuary in my home, based on [the guidelines](#), or, if my home is not an option, in a quiet retreat space of some kind.
- Not leave my home/sanctuary for the time of the retreat, except in the case of an emergency. (However, going out into nature, walking or other similar activities that build light are encouraged.)
- Not do work or multi-task during these two days, and participate in as many of the synchronized meditations as possible, in addition to the daily phone bridge.
- Take a respite from communication with the outside world (by phone, email, text or in person) during the time of the retreat as I let go of my secular schedule.
- Give myself the time and space to be completely available to my spiritual journey during the time of the retreat.