

# *Sacred Change: Embracing Love, Peace and Community*



**A Virtual Retreat  
With Leslie Temple-Thurston, Brad Laughlin and Victoria More  
October 10 – 12, 2014**

*Out beyond ideas of wrongdoing and rightdoing,  
there is a field. I'll meet you there.*

*When the soul lies down in that grass,  
the world is too full to talk about.  
Ideas, language, even the phrase "each other" doesn't make any sense.  
~Rumi*

The Earth and many of us personally are experiencing radical change at the moment. In fact the changes seem to be ever-accelerating. The transition may feel enormous, yet it is just beginning.

Human evolution reached a pivot point on December 21, 2012, and ever since then we have been in the beginning stages of a new era. As we move from the old paradigm, based in separation and learning lessons about the abuse of power and control, we face the challenge of letting go and surrendering. The temptation is to hold onto our various forms of power and control. Yet change is upon us. And it is a sacred change. We are being called to a new way—to move into a new paradigm of heart-centered consciousness.

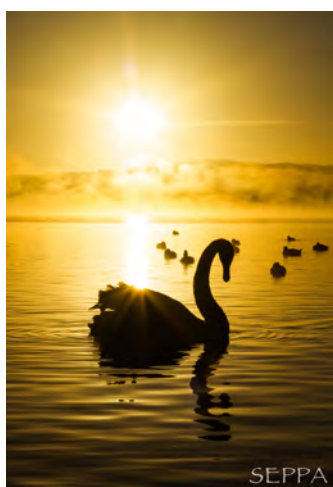
When we enter the realm of the heart, we move beyond separation, beyond dualities such as right and wrong, and we begin to embrace qualities such as: love, peace, generosity, compassion, forgiveness and connection in community.

By gathering in virtual community, together we hold a Field of subtle energy. The Field supports our consciousness and also helps birth this new paradigm of heart-centered consciousness. As our worldwide community has experienced with prior virtual retreats, there truly is no time and space. Even though vast distances, oceans and continents, physically separate us, we are deeply connected in the Oneness. Our unified field is a profound and palpable presence that uplifts, heals and endures.

Please join us for meditation and discussion (via teleconference) as we become of one heart and one mind and strengthen the Field at this pivotal time for the Earth and humanity. It is an ideal time to sequester in the silence and experience the sacred change together.

### About the Retreat

This retreat is open to all. If you have never joined us for a virtual retreat, we offer some guidelines about [how to create a sanctuary](#) in your home and how to prepare for the virtual



retreat by creating a silent, sacred space conducive to going inward. If your home is not an option, you can join us from a retreat space or sanctuary of your choice.

Each day our worldwide community will gather by conference call to receive spiritual inspiration and guidance and to share with each other. Leslie, Brad and Victoria will host a two-hour call daily, which will include a darshan talk and time for questions, answers and discussion.

Prior to the retreat, participants will receive two new uplifting playlists, which we can all meditate to during our synchronized meditation times.

The playlists are created with the specific intention to support our movement into transcendent states of consciousness.

### RETREAT SCHEDULE for North and South America (US Pacific Time):

#### Friday October 10

6-8pm Conference call with Leslie, Brad and Victoria  
8-9pm Synchronized meditation

#### Saturday October 11

6-7am Synchronized meditation  
9-11am Conference call with Leslie, Brad and Victoria  
11am-12pm Synchronized meditation  
4-5pm Synchronized meditation  
8-9pm Synchronized meditation

#### Sunday October 12

6-7am Synchronized meditation  
9-11am Virtual Darshan with Leslie, Brad and Victoria  
11am-12pm Synchronized meditation  
4-5pm Synchronized meditation  
8-9pm Synchronized meditation

(Please calculate the times for your particular time zone. Mountain time is Pacific time plus one, Central time is Pacific time plus two and Eastern time is Pacific time plus three. Brazil is Pacific time plus four.)

## RETREAT SCHEDULE for South Africa and Europe (South Africa Time):

Friday October 10

8-9pm Synchronized meditation (for Europe and South Africa only)

Saturday October 11

5-6am Synchronized meditation (with worldwide group)

9-11am Listen to recording of Friday night (US time) conference call

11am-12pm Synchronized meditation (for Europe and South Africa only)

3-4pm Synchronized meditation (with worldwide group)

6-8pm Live conference call with Leslie, Brad and Victoria

8-9pm Synchronized meditation (with worldwide group)

Sunday October 12

5-6am Synchronized meditation (with worldwide group)

11am-12pm Synchronized meditation (for Europe and South Africa only)

3-4pm Synchronized meditation (with worldwide group)

6-8pm Virtual Darshan with Leslie, Brad and Victoria

8-9pm Synchronized meditation (with worldwide group)

(Please calculate the times for your particular time zone. The UK is one hour earlier than South Africa time. For other areas please use the [world clock](#) to calculate your time.)

### Logistics and the Gift Paradigm

We offer this retreat in the spirit of the gift. The recommended tuition is \$200 for the three-day retreat, but we don't want anyone to be turned away for lack of funds. If you can't afford \$200 for the weekend, please do not let that stop you from joining us. You are still welcome to come and pay what you can and feel is fair—the amount is between you and Spirit. If you *can* afford to pay more, please do, and your gift will support others who cannot.



Click [here](#) to register.

The heart of [CoreLight's message is about love and generosity](#), and that is why we offer this retreat with the option to choose your own price.

There is a "gift economy" birthing in the world, and we celebrate this new paradigm of heart-centered consciousness. We thank you for your support of CoreLight!

We request that you return your signed commitment form (below) no later than October 1.



## COMMITMENTS FOR THE WEEKEND

At previous CoreLight virtual retreats, we learned as a group about the importance of caring properly for the Field. We learned that if all retreat participants do not hold the Field in integrity, it loses its power, luminosity and ability to support us. We learned how to care for and maintain the Field—what to do and what not to do. Based on our experience, we invite you to make the following commitments for this weekend retreat.

*I agree to:*

- ✓ Create a sanctuary in my home, based on the [guidelines](#) or, if my home is not an option, in a quiet retreat space of some kind.
- ✓ Not leave my home/sanctuary for the time of the retreat, except in the case of an emergency. (However, going out into nature, walking or other similar activities that build light are encouraged.)
- ✓ Not do work or multi-task during these two days in order to participate in as many of the synchronized meditations as possible, in addition to the daily phone bridge.
- ✓ Take a respite from communication with the outside world (by phone, email, text or in person) during time of the retreat as I let go of my secular schedule.
- ✓ Give myself the time and space to be completely available to my spiritual journey during the time of the retreat.

Name: \_\_\_\_\_ Date \_\_\_\_\_  
(Print Name Clearly)

Signature: \_\_\_\_\_