

## FLOURISHING IN DIFFICULT TIMES

A Public Virtual Intensive  
With Leslie Temple-Thurston  
June 27 and 28, 2009

“All of humanity and our natural world has now entered the window of unpredictable and possibly scary times ahead – what author and scientist Ervin Lazlo, has called “Chaos Points”—moments of radical change. Yet we are also aware that these times offer extraordinary opportunities for the human race. Anything and everything is now possible it seems! But first we must find transformative ways of navigating through the shoals of our unknown future.

The good news is that finally there are some glimmerings of visible evidence of substantial growth towards a new, unified and global Aquarian consciousness bringing in humanitarian ideals and moving us towards equality and spiritual awakening. For those on a spiritual path, this is the manifestation we have all yearned for. Yet simultaneously, we are watching our old, polarized, good-bad, right-wrong consciousness and the world it has created, in a death struggle to survive. In the midst of this inner and outer battle, on a personal level, life can feel exhilarating at times, but also extremely challenging. Not only can it feel externally challenging on an almost daily basis, but on the inner planes it is also challenging us to meet the changes, and rightly so. Amazing changes are taking place in our consciousness, and we are being called to rise to this once-in-a-million-years occasion.

During difficult times, how does someone on a spiritual path manifest their brilliance and their awakening instead of being drawn by their fear into focusing on survival? We tend nowadays to find our awareness fluctuating wildly between higher inspiration and feeling over-burdened by a disintegrating world as the intense energies and physical events they spawn bring up our negative side. How do we bring balance into the personality and live more from our higher self?

In the end the daily questions posed to the seeker are: Is it possible during times of painful inner and outer upheaval to have huge breakthroughs into higher vibratory consciousness? Can we grow daily towards the light of Truth instead of falling prey to reactivity—reactivity to the conflicts we see and experience around us? These are the conflicts born of dualism, ego and the suffering we see around us.

Spirit answered this question for me one day, about five years ago, when I was expressing concern for the welfare of my students during the difficult times that I could see were coming. I was wondering how everyone would cope with the upheaval that was soon to manifest in the world and in everyone’s lives. My guides immediately spoke very clearly to me. They said that we must rely on our connection to Spirit and our knowledge and practice of the spiritual principles to support us through the coming times. In fact, they said that if we live these spiritual principles, trusting them completely and practicing

them diligently, they could offer us inner and outer security, as well as growth and advancement in the face of worldly difficulties that might otherwise have slowed us down or stopped us altogether.

The key to ascending in vibration during this time of testing of each of our souls is in fully and completely applying our spiritual practice to our daily lives.”

~ Leslie Temple-Thurston ~

You are invited to join Leslie for a two-day Public Virtual Intensive on Saturday June 27<sup>th</sup> and Sunday June 28<sup>th</sup>.

Leslie will use our time together for a review of the timeless spiritual principles and how we can apply them in very practical ways in our lives. She will also answer participants’ questions regarding their own spiritual practice, as well as questions about the future. We will also talk about topics such as: ascension; dealing with free-floating fear in the collective consciousness; as well as deeper, personal, egoic fears associated with facing the unknown. Leslie will also explore possible timelines for anticipated changes, both personal and collective, and the outcomes of these changes, as well as what it takes for a seeker to live in spiritually sustainable ways during these times of accelerated change.

#### ABOUT LESLIE TEMPLE-THURSTON:

Leslie is a teacher of enlightenment. In the late 1980s after many years of practicing meditation and self-inquiry, she experienced a complete dissolution of her old identity and a profound spiritual transformation and awakening. With this came the gift of being able to share with others a transmission of grace, unconditional love and healing energy, known in the East as *shakti*, which has uplifting, transformational and enduring effects.

Through the U.S.-based non-profit organization, CoreLight, Leslie works with spiritual seekers who are committed to transformation and egoic clearing. She offers her eclectic, yogic-influenced approach to western enlightenment at events worldwide. Her extensive teachings in books and on audio recordings have been translated into many languages and are available at: [www.corelight.org](http://www.corelight.org).

Leslie is also the founder of the humanitarian aid organization, Seeds of Light, [www.seedsoflight.org](http://www.seedsoflight.org), whose mission is to assist with the awakening of the Global Heart, which she perceives to be the interconnectedness of all life through tolerance, forgiveness, love and compassion. Seeds of Light offers services to South Africa’s AIDS orphans and marginalized communities and helps preserve endangered species and ecosystems worldwide.



## INTENSIVE SCHEDULE:

Saturday and Sunday, June 27<sup>th</sup> and 28<sup>th</sup>

The event comprises a two-hour conference call on each of the two days.

Leslie will give a discourse each day on various aspects of the topic. Each session will also include opportunities for questions addressed to Leslie. Each day's session will end with Leslie offering a guided meditation of about 20 minutes with everyone on the call, after which she asks you to disconnect the phone and continue to sit and silently participate in the meditation, entering into the unified luminous field held by all attendees. Amazingly there is no sense of separation in this shared field, despite the fact that the participants are located in many different parts of the world. This meditation continues as long as our collective awareness chooses – anywhere from 30 minutes to an hour.

The event begins both days at:

12:00 pm	Pacific Standard Time
1:00 pm	Mountain Standard Time
2:00 pm	Central Standard Time
3:00 pm	Eastern Standard Time
4:00 pm	Rio de Janeiro, Brazil
9:00 pm	South Africa.

Please check <http://www.timeanddate.com/worldclock/converter.html> for times in other parts of the world.

The cost is \$200.00 for the two-day intensive.

Registration is available at [http://corelight.org/forms/virtual\\_intensive.html](http://corelight.org/forms/virtual_intensive.html)

Even if you have participated in past Virtual Intensives, we request that you complete and submit this form to register. Please contact our office at 505-424-8844, ext 2 if you have questions or are unable to use the web registration form.

Many Blessings,  
The CoreLight Staff