



## Mystical Egypt

A Journey to Our Sacred Self  
with Leslie Temple-Thurston, Brad Laughlin and Jane Bell  
October 12 – 26, 2012

From a spiritual perspective the temples and shrines of ancient Egypt are still very much alive with the presence of Spirit. They are much more than interesting, archeological ruins. Thus, for a person of consciousness, traveling to Egypt today is a remembering beyond words, a reminder of who we truly are, which is the One Eternal Self. We were initiated in past lives at the time of ancient Egypt, are ready for further initiations now, and the temples give them.

Spiritual principles taught and integrated during ancient Egyptian lifetimes developed our creativity, our intellect and other worldly skills and sensibilities. Revisiting these places is profoundly advancing--an opportunity to again steep ourselves in the sacred energy and deepen our connection to the Earth, especially that of Africa. It connects us to the profound and often unconscious essence of our African Soul. A pilgrimage for 14 Brazilians, this trip will help us understand ourselves as Brazilians awakening to Spirit. To sail along the Nile on the meridian, is to know the spiritual history that is so developed and ancient in Africa. The essentially African essence felt in our bodies will become more consciously understood.

To visit Egypt is to sink into the ageless sands, to feel the energy of ancient sites, to surrender into the vast unknown. The ancient Egyptians created structures and cosmology that fire the imagination, inviting you to question all that you believed to be true. In this land of magic and mystery, you will find within yourself a remembrance of your past as the veils of perception thin. You will enter the doorway of the unknowable, the constant play of light and shadow that will invite you to know your true Self.

The ancient temples that grace the Nile are juxtaposed with the mosques that call the modern day Egyptians to prayer. Donkey carts laden with straw clip clop down Cairo's busy streets next to free-wheeling taxi drivers. Ancient and modern Egypt meet as we witness the farmer ploughing his fields with donkey and buffalo, growing and harvesting the grains and dates as he has for thousand of years. The hum of Egypt will open your heart as well as your psyche. Memories flood in as we float down the Nile as the pharaohs did in ancient days. Our journey will take us to the Giza Pyramids, Philae's Temple of Isis,

Dendera, Sakkara, Luxor, Karnak, shrines of exquisite architecture that awaken us to our divine nature.

Our desire is to bring spiritual seekers together to deepen their understanding of themselves using Ancient Egypt as a magnifying mirror. The journey is a pilgrimage that requires a willingness to challenge oneself for a greater understanding of our purpose on the planet at this time.

Our tour guide is [Jane Bell](#), who is a CoreLight Teacher-Training graduate and student of Leslie's for fourteen years, and who has led over 25 trips to Egypt over the past ten years. Jane's greatest joy is to share her love of a country she calls home, inviting you to meet and embrace our Egyptian brothers and sisters who live with open hearts and gracious hospitality. This will be Leslie's fifth trip to Egypt facilitating a group journey with Jane.

*“As if I'd slept a thousand years underwater I wake into a new season. I am the blue lotus rising. I am the cup of dreams and memory opening—I, the thousand-petaled flower. At dawn the sun rises naked and new as a babe; I open myself and am entered by light. This is the joy, the slow awakening into the fire as one by one the petals open, as the fingers that held tight the secret unfurl. I let go of the past and release the fragrance of flowers.*

*I open and light descends, fills me and passes through, each thin blue petal reflected perfectly in clear water. I am that lotus filled with light reflected in the world. I float content within myself, one flower with a thousand petals, one life lived a thousand years without haste, one universe sparking a thousand stars, one god alive in a thousand people.*

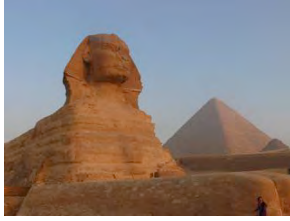
*If you stood on a summer's morning on the bank under a brilliant sky, you would see the thousand petals and say that together they make the lotus. But if you lived in its heart, invisible from without, you might see how the ecstasy at its fragrant core gives rise to its thousand petals. What is beautiful is always that which is itself in essence, a certainty of being. I marvel at myself and the things of Earth.*

*I float among the days in peace, content. Not part of the world, the world is all the parts of me. I open toward light and lift myself to the gods on the perfume of prayer. I ask for nothing beyond myself. I own everything I need. I am content in the company of god, a prayer that contains its own answer. I am the lotus. As if from a dream, I wake up laughing.”*

~ *Becoming the Lotus from Awakening Osiris by Normadi Ellis* ~



# Mystical Egypt 2012 Itinerary



This pilgrimage to Egypt is designed to build a sacred container for transformation. Together as a community we hold space for the light to ground into the planet using the sacred sites. Working as a team with our Egyptian guides, we create the time and space needed for meditations and ceremonies.

Awakening the dawn at the Temple of Isis and greeting Horus under the stars at the Temple of Edfu allows us gracious time to offer our hearts and intentions for healing. Throughout the journey private space and time is orchestrated so we can sink into the mystery and truly experience Egypt's magic. Our private two-hour meditation in the Pyramid is the culmination of the energy we have built over the two weeks.

The uniqueness of this experience is for serious seekers wanting a deeply transformative experience. Here is our tentative itinerary, which is open to some modification along the way, allowing room for spontaneity and for the flow of grace to guide us.

## October 12 Day One

Depart for Cairo to insure arrival by mid-day of (2<sup>nd</sup> day)

## October 13 Day Two



Arrive in Cairo and check in to the exquisite Mena House Hotel across from the Pyramids.

We will meet for dinner after our opening circle.

## October 14 Day Three

At dawn we will drive up to the Giza Plateau for our private ceremony and meditation in the second pyramid. We will proceed in silence to the Sphinx temple asking permission to enter the passageway into the Mystery.

## October 15 Day Four

Morning visit to the Step Pyramid Complex of Sakkara. We return for breakfast and relax until we have a late check out to go to a local restaurant for lunch and then on to airport to fly to Aswan and board the Afandina our home on the Nile.



## October 16 Day Five



Breakfast and time to visit Aswan in the morning (or Leslie to meet as a group).

After lunch we take a small boat to what the ancients believed was the source of the Nile at Sehel Island. There we will hold a ceremony honoring the Nile.

### **October 17 Day Six**

Early morning ferry takes us for a private pre-dawn ceremony to the exquisite Temple of Philae dedicated to the Goddess Isis.

The day is free to visit the local markets. In the late afternoon we depart for Kom Ombo, temple dedicated to the gods Sobek and Horus.



### **October 18 Day Seven**



Early morning sail to the Temple of Kom Ombo, dedicated to the gods Sobek and Horus.

This is the only temple dedicated to two deities. Upon return to the Afandina we cruise on to Edfu where we dock overnight.

### **October 19 Day Eight**

Early morning private visit to the magnificent Temple of Edfu dedicated to the god Horus.

After our ceremony we will return to the Afandina for breakfast and sail to Esna, an ancient town where the boats go through the locks. Overnight at Esna.



### **October 20 Day Nine**



During the day, we will enjoy a cruise along the beautiful Nile. After lunch we arrive in Luxor to take in the magnificent Temple of Karnak.

We return to the Afandina for dinner with options to visit the markets of Luxor that evening.

### **October 21 Day Ten**

Today we take a wonderful early morning bus ride to the Temple of Abydos, passing through the countryside of Upper Egypt, which offers a glimpse into the peaceful village life of the Egyptians.

On our return we visit the exquisite Temple of Dendara dedicated to the goddess Hathor, who represents divine love and joy.



### **October 22 Day Eleven**

Early morning we travel to the West Bank Bank of Luxor where the tombs and funerary temples lie. We will visit the Valley of the Kings, the Funerary Temple of Queen Hatshepsut, the first woman Pharaoh, and Medinet Habu dedicated to Ramses III. All temples and tombs on the West Bank are for funerary practices.

Afternoon open in Luxor to explore.

**October 23 Day Twelve**

Today is a free day to take in Luxor with last minute shopping, the Luxor Museum or returning to Karnak or the West Bank.

After dinner we have an evening visit to Luxor Temple

**October 24 Day Thirteen**

Morning flight to Cairo and return to the hotel for rest.

Afternoon circle to prepare for our visit into the King's Chamber of the Great Pyramid in the evening.

Dinner on your own.

**October 25 Day Fourteen**

On our final day together we leave after breakfast for the Cairo museum, the old synagogue and churches and the Khan El Kalili, the oldest souk in Cairo. We return in the late afternoon for last minute packing, our closing circle and final banquet.

**October 26 Day Fifteen**

Morning international departures

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### A Pilgrimage to the Sacred

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**Tour Price:**

The cost of the tour is \$7,700.00 USD, not including airfare to and from Brasil.

Deposit: \$1100, which is non-refundable and non-transferable.

Please pay by credit card to the CoreLight office in Santa Fe, NM, USA.

**Tour Price Includes:**

- All entrance fees to temples and tombs
- Our enthusiastic, mystical Egyptologist
- Eight-night Nile Cruise on the beautiful private Dahabia – the Afandina
- All hotel accommodations
- Airfare to Luxor and from Aswan to Cairo
- Most (but not all) tips
- Private Meditation in the King's Chamber and other temples
- Transportation and transfers to and from the airport
- Most meals

**For further information contact:**

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