

AN EARTH-HEALING PILGRIMAGE TO THE AMERICAN SOUTHWEST

Chaco Canyon, Mesa Verde, Monument Valley, Canyon de Chelly & Santa Fe

September 25 - October 5, 2013

With Brad Laughlin



[Click here to watch a short video about the pilgrimage](#)

A journey to the Southwest is an initiation, a pilgrimage to an enchanting land imbued with rugged natural beauty and great spiritual power. It is an opportunity to reconnect with an ancient time and place when the land was honored and revered, when Mother Earth was held as sacred. The extraordinary sites we will visit still hold that sacred vibration, and the spirit of the Anasazi Indians – the ancient ones – is a palpable presence there. As we make our meditative, mystical sojourn and contemplate our connection with these holy places, the soul stirs, and we awaken to our vast, timeless eternity.

The intention of our pilgrimage is to meditate and pray at these sacred sites, acting as human acupuncture needles to assist with the healing of the Earth. The loving, healing energy generated by the group helps to activate and illuminate the Earth grid in an especially amplified way.

Our trip will include driving and hiking through breathtakingly beautiful countryside and desert, exploring ancient Anasazi ruins, meditating in profound power spots and gazing at magnificent vistas. Over the past decades we Leslie and I have been guided to these sacred sites many times, and each time we make the pilgrimage, the powerful spiritual energy of the land facilitates enormous change and growth for us. If you feel called to come, I we would enjoy sharing this experience with you, and we I offer our my services as a guides.

CHACO CANYON, NEW MEXICO

The hub of the Anasazi culture, Chaco Canyon was an extensive spiritual and commercial center. Today it is a national monument, a pristine high-desert environment, surrounded by vast, barren expanses of unspoiled land as far as the eye can see. For all its wild beauty, Chaco seems an unlikely place for a major center of ancestral Puebloan culture to take root and flourish in the midst of the inhospitable high-desert. Yet a thousand years ago, Chaco was a thriving, dynamic community, which included monumental masonry buildings that were connected to other communities by a wide-ranging network of roads. How did they accomplish such feats in such an austere environment? And like the Anasazi of Mesa Verde, they appear to have vanished without a trace.

The Anasazi's legacy of mysteries is unsolved, and yet some facts remain. During the middle and late 800s the great houses of Chaco Canyon were constructed. These extraordinary structures, many of whose well-preserved ruins we

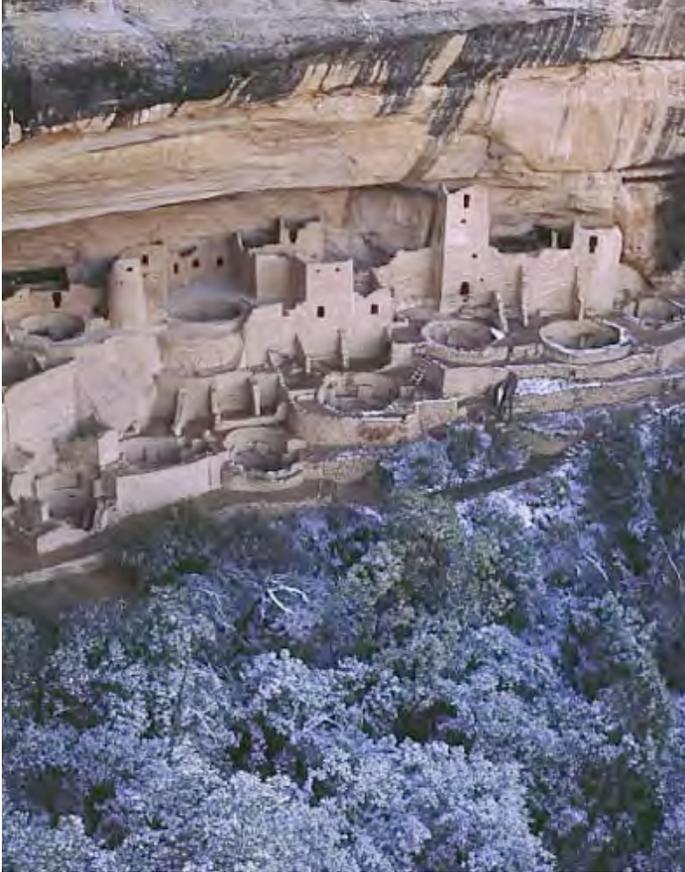


will explore, were often oriented to solar, lunar and cardinal directions. They are surrounded by sophisticated astronomical markers (including the famous “sun dagger”, a petroglyph discovered to be the oldest known marker of solstices, equinoxes, the annual sun cycle and the 19-year cycle of the moon), communication features, water control devices and formal earthen mounds. This evidence of their advanced skill and knowledge of astronomy, engineering and other sciences is truly remarkable and mysterious, especially for a people with no written language.

Chaco Canyon is one of our favorite power places in the world. We will immerse ourselves in its numinous aura for an afternoon day, which will include a long hike amidst the pristine beauty of the vast high-desert and time for meditating and exploring the petroglyphs and ruins along the way. As there are no hotels at Chaco Canyon, we will spend the night at a simple hotel in a town outside the national monument.

MESA VERDE, COLORADO

Ancient, mysterious Mesa Verde. More than 1000 years ago, a people thrived on this high green plateau in what is now southwest Colorado, developing into a culture known for its magnificent artistry and architecture. And then suddenly they disappeared without



a trace, leaving behind their majestic cliff dwellings, kivas and a palpable meditative presence, which permeates the ancient ruins.

Who were these people and where did they go? Their modern-day Native American descendants call them the *Anasazi*, meaning ancient ones. Mesa Verde's mystical wind seems to whisper the answer to the mystery of their disappearance, which is still unresolved by archaeologists and anthropologists. We journey to this power spot to hike, explore the ruins, meditate and breathe-in the spirit of the Southwest, absorbing the beauty and the magic of this enchanting land.

We will be staying at the Far View Lodge, a simple, quiet hotel, with fine dining and modern conveniences, high atop the mesa, with one-hundred-mile views off each private balcony. We are minutes from the Anasazi ruins, and far from modern civilization. Mesa Verde National Park is brimming with pinon and juniper trees, high mesas and deep valleys.

MONUMENT VALLEY, ARIZONA

Monument Valley offers some of the most enduring and recognized images of the American West. The isolated red mesas and buttes surrounded by empty, sandy desert have been filmed and photographed countless times over decades for movies, postcards and so forth, depicting the quintessential "wild west".

Its wide, flat, desolate landscape is magnificently interrupted by the crumbling rock formations rising hundreds of feet into the air, which are the last remnants of the sandstone layers that once covered



the entire region. As part of the Navajo Reservation, Monument Valley is a sacred land, filled with both scenic beauty and spiritual power. We will pause here for part of a day on our way from Mesa Verde to Canyon de Chelly to absorb the unique and wondrous panorama, which delights the senses and nourishes the soul.

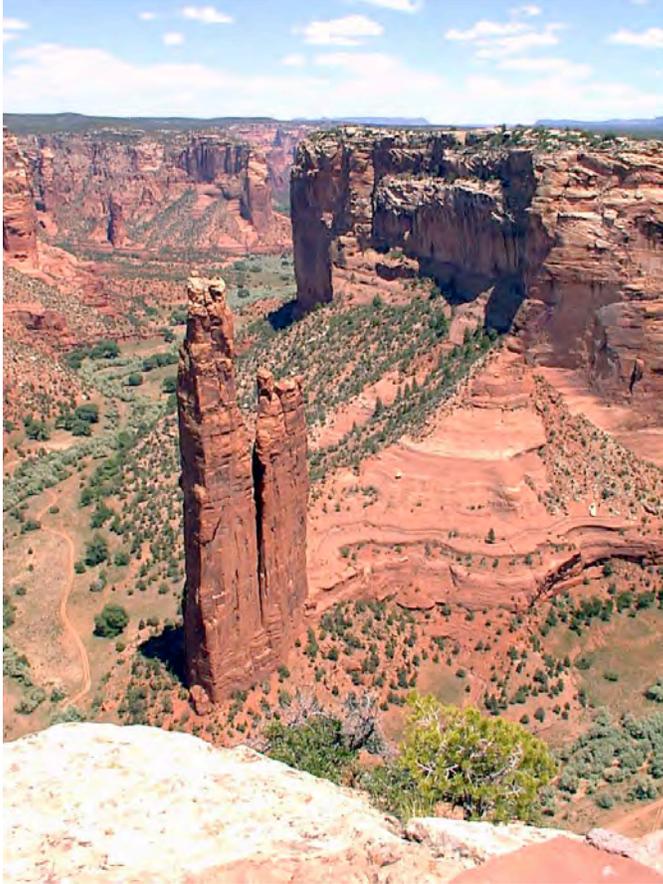
CANYON DE CHELLEY, ARIZONA

Leslie has a very special place in her heart for Canyon de Chelly. Here is what she has to say about this amazing place:

“Visiting Canyon de Chelly is much more than a retreat, it is a pilgrimage to a mystic land. This canyon has been a sacred power place for me since 1983, when I was called in a dream to visit there. The visit coincided with my first trip to Santa Fe. While at the canyon, I was blessed with a vision quest, which was life-changing and signaled an acceleration of my growth in Self-discovery. It was during this vision quest that I met the Spider Woman and several other Kachina beings who became guides to me.

In the 1980s, during the time of my waking, I knew that I could only go to Canyon de Chelly when called by Spirit. The call came again in 1986, just at the beginning of my cave experience. And once again the gifts that I received there were to assist in my waking in 1988. Although I have longed to return there many times, I have been invited only four five times to return, each time to take a few of my students.”

With its beautiful, steep-walled canyons, prehistoric Anasazi ruins and its refined energy, Canyon de Chelly National Monument offers us a unique location for three two nights of our retreat.



It is known as one of the loveliest canyons in the Southwest. As with the other sacred sites we will visit, early October is considered to be an ideal time to visit, with the crisp Fall air, the gold of the Canyon de Chelly's cottonwoods and the red of the canyon walls highlighted by the autumn sun.

Canyon de Chelly is located on a high plateau in the northeastern portion of the Four Corners, near the center of the Navajo Reservation. The Navajo people own the land, and it remains home for generations living and working in the canyon. It is also recognized as a Navajo sacred site and a national archeological resource. We will stay at a simple, Navajo-owned motel at the mouth of the canyon, the only hotel in the vortex of the sacred canyon.

SANTA FE, NEW MEXICO

A mystical, earthy land, Santa Fe—the city of holy faith—provides the ideal environment for transformation. In New Mexico, *the land of enchantment*, the clarity of the inner, psychic landscape allows one to move easefully into new levels of consciousness.



Powerfully transformative, Santa Fe is favored by seekers for the transmission the area gifts to all.

A certain quality of the light, the subtle beauty of the land, and spectacular vistas touch the soul very deeply and inspire expanded states of awareness.

Santa Fe is a one-of-a-kind destination that reflects a unique heritage and an

unparalleled old-world-style ambiance. From the 400-year-old adobe walls, to the centuries-old churches, to the world-class museums and art galleries, to the blend of Hispanic, Native American and Anglo cultures, Santa Fe is a place of charm and beauty, where cultural legacies flourish and history comes alive.

The final two days of our pilgrimage are spent here in this enchanting land. We are blessed to be staying in the heart of old Santa Fe—within walking distance of the best museums, art galleries and shopping.

We will also end our mystical sojourn with a meditation gathering at Leslie and Brad’s beautiful home and sanctuary, a fifth-dimensional vortex. A perfect time to share the experiences and downloads that we have gained during our pilgrimage.



Our final full day together is a new moon—an auspicious end to our pilgrimage, a time for new beginnings and birthing new life!

TENTATIVE ITINERARY

Please note: This itinerary is subject to change.

September 25, Wednesday: Our All-Student Conference at Tamaya Resort and Spa ends after lunch. We will take the afternoon and evening to rest, enjoy Tamaya’s exquisite spa, have an opening circle and meditation together and perhaps watch a documentary or two about some of the magic and mystery of the canyons and the Anasazi Indians. Overnight Tamaya Resort and Spa. (Or, depending on some variables, we may choose to depart this afternoon for Chaco Canyon, and overnight at a nearby hotel in Bloomfield, NM.)

September 26, Thursday: Depart Hyatt Tamaya for Chaco Canyon, where we will hike, explore the ruins and meditate. Approximately 2-hour drive. Overnight Bloomfield, NM.

September 27, Friday: Depart Bloomfield for beautiful Mesa Verde, Colorado, approximately 4 hour drive. Delicious dinner and overnight at the Far View Lodge atop Mesa Verde.

September 28-30, Saturday-Monday: We have three leisurely days to explore and meditate at Mesa Verde as well as rest the body and enjoy the 100-mile-views from our private balconies. Delicious dinner each night and overnight at Far View Lodge.

October 1, Tuesday: Depart Mesa Verde for Canyon de Chelly; Visit scenic Monument Valley (approximately 4-hour drive) during the day and then continue on to overnight at

the Thunderbird Lodge, Canyon de Chelly (approximately 3-hour drive). Sunset drive along the rim of the canyon, and meditation at sacred Spider Rock to meet Spider Woman, who weaves the web of the world.

October 2, Wednesday: Explore sacred Canyon de Chelly. All-day jeep drive with our Navajo guides into the canyon, where the pristine energy of the Earth Mother is palpable and stirring. We are fortunate to visit the family land of one of our guides, Leander, inside the canyon, where we can meditate inside the family hogan—a round, traditional Navajo structure made of wood and packed earth.

October 3, Thursday: Depart Canyon de Chelly for Santa Fe, the city of holy faith (approximately 6-hour drive). Check into our hotel and take the afternoon to rest, enjoy the spa, or explore the magic of Santa Fe. Art galleries, museums, shopping and the historic Plaza, which is a power vortex, are all within walking distance.

October 4, Friday: This new-moon morning we are joined by Leslie and Victoria as we gather for meditation and discussion at Brad and Leslie's beautiful home and sanctuary, a fifth-dimensional vortex. We will share the experiences and downloads that we have gained during our pilgrimage, have a delicious lunch at Brad and Leslie's and then enjoy a free afternoon to rest, relax, get a spa treatment, walk or explore more of the magic of Santa Fe. Farewell dinner together.

October 5, Saturday: Our retreat ends with breakfast.

LOGISTICS

The cost of the journey is \$3,750, which includes all accommodation, meals, tips, transportation (except airport shuttle) and entrance fees. Not included: beverages, phone calls, personal items and so forth. Our intimate pilgrimage is limited to 15 people.



The pilgrimage includes hiking and walking. At Chaco Canyon the trails we will hike are approximately 3-5 miles long, with an elevation gain of 270-450 feet, depending which one(s) we choose. At Mesa Verde some of the ruins we will explore involve climbing tall ladders and/or steep steps. Some of these sacred sites are at high altitudes. For example Mesa Verde is at 8500 feet.

The nearest major airport to Santa Fete Hyatt Tamaya and Santa Fe is Albuquerque, New Mexico (ABQ). If you are flying in from outside the U.S., there are non-stop flights from Atlanta to ABQ on Delta Airlines, and so we suggest flying into Atlanta if you have the choice. If you are flying from within the U.S., Southwest Airlines usually has the best rates and the most non-stops into ABQ.

There is a shuttle service (about one-hour's drive) from ABQ to Santa Fe that costs about \$25 one-way.

To reserve your place, please complete and return the attached registration and release forms by either fax or email at your earliest convenience.

Your deposit of \$1,250 is due by May 31 and the balance is due by August 15. Payment will be accepted by either check or credit card.

If you have any questions about registration or payment details, please contact our office (events@corelight.org).



OPTIONAL EXTENSION - "MASS ASCENSION" ALBUQUERQUE, NEW MEXICO

Synchronously, our retreat ends on the first day of the world-famous Albuquerque Balloon Fiesta. People from all over the world come to experience the beauty of what is also known as the "mass ascension", a launch of all the balloons participating in the festival, which is considered to be the most spectacular display of sound and color in all of aviation. Weather permitting, balloons will begin to launch (in two waves) at about 7:15 a.m. on Saturday and Sunday October 5-6.



If you feel you would like to extend your visit by a day or two in order to witness this extraordinary event, we would be happy to help you arrange your additional accommodations.

Registration & Release Form

AN EARTH-HEALING PILGRIMAGE TO THE AMERICAN SOUTHWEST *Chaco Canyon, Mesa Verde, Monument Valley, Canyon de Chelly & Santa Fe* *September 25 - October 5, 2013 - With Brad Laughlin*

Name _____

Phone _____ E-mail _____

Total price of this retreat package: \$3,750 (double-occupancy).

- **Included in the retreat package:** The cost of the journey is \$3,750, which includes all accommodation, meals, transportation (except airport shuttle) and entrance fees. For single occupancy, add \$1000 to the cost. Please note that we will have a limited number of singles, depending on how many sign-ups we have.
- **Not included in the retreat package:** Airfare, transfers to/from airports, beverages and personal items such as laundry and phone calls.

Roommate Selection (please choose one)

- Name of preferred roommate: _____
(I have made a confirmed agreement with this person.)
- I do not have a preferred roommate; please choose one for me.

NON-REFUNDABLE DEPOSIT DUE BY MAY 31, 2013

- I will send a check in the amount of \$1,250.00 payable to CoreLight.
- I have enclosed a check in the amount of \$1,250.00 payable to CoreLight.
- Please charge \$1,250.00 to my credit card on file. (Please only enter the last four digits of the card number. Please contact the CoreLight office via telephone if you wish to use a different card.

Last 4 digits of your CC # on file: _____ Expiration Date: _____

Signature _____ Name on card: _____

BALANCE DUE

- I plan to mail a check for \$2,500 (double occupancy) or \$3,500 (single occupancy) to be received by CoreLight no later than August 15, 2013.
- Please charge the balance of \$2,500 (double occupancy) or \$3,500 (single occupancy) to my credit card on file no later than August 15, 2013. (Please only enter the last four digits of the card number.)

Last 4 digits of your CC # on file: _____ Expiration Date: _____

Signature _____ Name on card: _____

APPLICATION ESSAYS

In two pages or less, please write a short essay answering the following questions:

1. What are your intentions for coming on the pilgrimage? Please explain what you hope to receive from the experience and what you hope to give.
2. How would you respond if for some unexpected reason, there arose the need to change the itinerary of the pilgrimage? How would you feel and how would you act?

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Please read and sign:

I _____ do hereby release CoreLight, Brad Laughlin and the CoreLight staff from any injury or damage which I may sustain during the Earth-Healing Pilgrimage to the American Southwest, September 25 – October 5, 2013. The right is reserved to alter the itinerary or to cancel the tour prior to departure. In the event that this trip is cancelled, liability will be limited to a refund of all payments received. The right is reserved to decline to accept or retain any person at any time should such person’s health, mental condition, physical infirmity or general deoprtment impede the welfare and enjoyment of other participants. Any physical disability requiring special attention or treatment must be reported when this registration is presented. We recommend the purchase of travel accident insurance, baggage insurance and trip cancellation insurance.

This pilgrimage involves some hiking and walking, including one hike of 3-5 miles, some climbing of steep steps and tall ladders in order to visit the Anasazi ruins, and spending time in high altitudes (for example Mesa Verde is at 8500 feet). Also some days we will be driving long distances and may be in the car for up to 5-8 hours. (We will be stopping for breaks during the long drives, of course.)

- I have physical issues that may prevent me from being able to cope with this. (Please describe on a separate page.)
- I am in good physical shape and will have no trouble walking and hiking 3-5 miles or climbing steep steps and tall ladders in high altitudes. I am okay with long-distance drives and with being in a car for approximately 5-8 hours.

ACKNOWLEDGMENT OF INTENTION OF PILGRIMAGE

By signing below, I acknowledge that this trip is a pilgrimage and not a party. Although we will have fun and although some of our experiences may bring great joy, happiness and relaxation, the purpose of the journey is not to indulge in having a holiday. I am attending this pilgrimage in the spirit of service to the earth, to higher consciousness and to my own spiritual growth. I am taking this journey not only to drink in and appreciate the exquisite beauty and spiritual power of the American Southwest, but also to serve and to give something back.

I have read the above and agree to the terms and conditions as stated.

Signed: _____ Dated: _____

In case of emergency, please give us a contact person:

Contact Name: _____ Relationship: _____

Phone numbers: _____

Physician: _____ Physician’s Ph #: _____

Are there any health conditions (heart disease, diabetes, etc.) that we should know about? If yes, please describe:

Do you have any dietary restrictions? If yes, please describe: _____

Please return this form to:

CoreLight 223 North Guadalupe Street, # 275 Santa Fe, NM 87501-1850
Phone: (505) 424-8844 x 4 Fax: (505) 424-8848 Email: events@corelight.org