

The African Dreamtime Pilgrimage
With Leslie Temple-Thurston, Brad Laughlin & Victoria More
In the South African Lowveld
November 16 – December 2, 2013

Mother Africa is an ancient, earthy presence on the planet, an experience that will touch your soul deeply and permanently. As the cradle for our human development, she creates life-changing transformation for all who take her into themselves.

South Africa, Leslie's beloved homeland, is approaching its 20th anniversary of the historic elections when the people chose to become a democracy, based in equality for all and ending years of political repression and the apartheid era.



We are offering an intimate, eighteen-day retreat on the move in the northeast corner of South Africa, for a maximum of 15 people, journeying to and exploring places of great spiritual power and natural beauty, including: the virginal [Kruger National Park](#), a vast game park (about the size of New Jersey) in which one can view animals in their natural habitat from the safety of one's car; the [Blyde River Canyon](#), one of South Africa's natural wonders, a power center with breathtaking views; and several other very special destinations, which we will be sharing with our guests for the first time.

The South African lowveld is an extraordinary place, unique in all the world; where the virgin bush is so vast and untamed that there are more animals than people. In this energy there are not many thought forms, and this fosters deep and profound meditation and a great relaxation of the



mind, body and spirit. One can let go into the enormity of the inner and outer landscape and experience the mystical nature of the land and animals. It is difficult to describe and should rather be experienced. We like to call it the *African dreamtime*.

Entering into the African dreamtime is a dissolution of the separate mind and an awakening of inner silence, unity and interconnectedness with the web of life. We perceive this to be one of the great gifts that

Mother Africa offers to visitors from the Western world. Those that come for this experience are

brought to their inner core of stillness, reconnected with something so ancient and primeval within themselves that they can never be the same again. Please watch this beautiful, [inspired video](#) for a taste of the African dreamtime experience.

The Apartheid Museum

To set the tone for our pilgrimage and to offer a broader perspective about South Africa and its extraordinary journey as a nation, we begin with a very important visit to the Apartheid Museum in Johannesburg. Yes, Apartheid is where it belongs: in a museum! *Apartheid* translates as “separation”, and it was an enforced legal system to separate racial groups from approximately 1948-1994. The amazing passage through this museum offers a profound, life-changing and edifying experience—tragedy and heroism, tyranny and freedom, chaos and peace. The Apartheid Museum is a journey to understanding, freedom and equality. Visitors cannot help but come away with a deeper understanding and appreciation of South Africa, its darkest days and its brightest triumphs—from a racist state into Africa’s beacon of hope, with one of the most enlightened constitutions on the planet.



South Africa today, almost 20 years after their first democratic election when Nelson Mandela became president, has a great spirit of renewal and optimism. South Africans consider themselves to be the rainbow nation, and they have made promising strides towards living in equality, which is enshrined in their new constitution. Although they have their struggles with hierarchy, corruption, greed and other issues (like any fledgling democracy and like most nations nowadays), there is a creative enthusiasm here for building community in a new and progressive way, and in general the people want to make the “new South Africa” work.

South Africa is playing a pivotal role for all of Africa—and for planet Earth. It is a great experiment. A mixture of black, white and many races and 11 official languages. Understanding its unique leadership role and offering our moral support are two of the primary reasons why CoreLight has established a presence here and why we offer our pilgrimages to this beloved land. By visiting the Apartheid museum at the beginning of our pilgrimage, we will gain a visceral understanding of South Africa’s historical, epic journey, providing us with much broader and more informed perspective for our experiences ahead, and helping us to be able to hold South Africa in the light for its success as the rainbow nation.

The Kruger National Park



One of the world’s greatest natural wonders, the Kruger National Park is a fenced-in area about the size of New Jersey, formed over a century ago to protect and preserve the animals and virgin bushveld.

Our accommodation at the Kruger Park is Biyamiti, a private bush camp in the southern section of the park offering visitors excellent game viewing, as well as quiet and solitude.

It is an ideal location for our group to experience a deep connection with Africa's wildlife away from the crowds that frequent the larger public camps.



Our evening meals will be cooked for us around a campfire, and we will enjoy early morning and afternoon game drives in an open-topped vehicle accompanied by an experienced ranger, who will share his expert knowledge of the flora and fauna of the region. It is quite ideal for outdoor meditations in the quiet of the bush.

Blyde River Botanical Reserve

For seven days of our pilgrimage we will be based at the exquisitely beautiful [Blyde River Canyon Lodge](#). The lodge is in the Blyde River Botanical Reserve, which is situated at the mouth of the spectacular Blyde River Canyon, the third largest canyon in the world. We are near the small town of Hoedspruit, in Limpopo Province. The Blyde River, which translates as “Joy River” in Afrikaans (a Dutch-derived language), runs through the neighborhood.



Our unique and beautiful neighborhood is a gated community in natural bushveld that contains many forms of indigenous flora and fauna, such as: zebra, impala, wildebeest, bushbuck, duiker, kudu, baboons, mongoose, monkeys and an enormous variety of birds. We never get tired of watching the kudu, zebra, bushbuck and impala coming into our garden to eat the grass and flowers!

In addition to many interesting and exciting activities in the surrounding area, we will have time to sit together, meditate and experience the profound energies of the sacred mountain, Modimole, which translates as “God is here” from the local Shangaan language. This mountain gives a powerful transmission of primordial earth energy and can lift one's meditation and conscious awareness to new heights. Modimole is situated on the Nilotic meridian, which runs north from the canyon into Egypt and through the Great Pyramid and Sphinx on the Giza plateau. This meridian is one of the foremost meridians within the subtle body of the earth and in fact is the axis mundi of the world. The meridian itself is about 35 miles wide and is seen psychically as a great river of golden light and energy stretching between southern and northern Africa. There are underground



caches of the precious metal gold in the earth located along much of the meridian. Being in that energy is profoundly transformative and uplifting in body, mind and spirit.

Animal Communication



When Leslie experienced spiritual awakening, she was given the gift of communication with animals, and part of the reason CoreLight’s center is located in the lowveld is to be near them.

African animals are experiencing difficulties due to human insensitivity and encroachment on their territory, and therefore conservation is one of the issues that we focus on in our work in this part of the world.

As we meet the animals, Leslie will share what she knows about animal communication, and each of us will have the opportunity to explore our own innate capacity for this profound experience of inter-connectedness with all species.

Blyde River Canyon



We will take in the exquisite natural beauty of the canyon in two ways:

One will be to drive along the rim of the canyon and to gaze and meditate at a scenic lookout called “The Three Rondavels”, which offers spectacular views.

Another is to enjoy a peaceful boat ride on the dam, where we will see breathtaking waterfalls, landscapes and extraordinary natural rock formations.



Moholoholo Animal Rehabilitation Center

We will visit this very special non-profit center, which takes in orphaned and injured wildlife, where visitors have an opportunity to interact closely with a wide variety of animals, including leopard, lion, cheetah, honey badger, hyena, hippo, vultures, many varieties of birds and more. We also learn from Moholoholo’s wildlife experts about these animals, their environment and the importance of our role in this web of life.

Seeds of Light – Love in Action

[Seeds of Light](#) is CoreLight’s humanitarian arm. This year we are thrilled to offer an exciting new opportunity with Seeds of Light for the group. We have experienced ourselves and seen with other visitors, just how powerful and uplifting it is to participate directly with the children and staff of the Ekurhuleni Center for Orphans and Vulnerable Children, as well as our other projects (e.g. One Hat One Heart, art classes at the new community center, etc.). So this year, we have scheduled two full days for a *service-oriented* visit to several of our projects in Acornhoek.



One day will be fully devoted to the Ekurhuleni Center (Place of Peace), where our group is invited to join in their joyous, soul-stirring Sunday church service with both young and old (an experience never to be forgotten), and meet the loving members of this congregation that support the project, as well as the children themselves. After church we will stay for the children’s Sunday main meal and after-meal playtime. Our *service* will include meeting and interacting with the kids, perhaps helping to serve the meal (or help clean up), or any other activity that may be needed at the time ... we’ll arrive in the spirit of love-in-action, prepared to roll up our sleeves and then see what there will be for our willing hands to do.

We will spend a second day meeting with some of our other courageous and warmhearted friends in Acornhoek, who are bringing empowerment and sustainability to the area through the various other projects with which we collaborate. These two days will afford our group the rare experience of an intimate interaction with one of Acornhoek’s villages.

We plan to include (in addition to our second service opportunity) visits to the Mapusha weaving cooperative, where the women hand-weave beautiful rugs and wall hangings, and the “New Dawn” community art center, initially funded by Seeds of Light donations, where we offer art classes to the local children.



White Lions

We will visit the [Global White Lion Protection Trust](#) (GWLPT), founded by our friends, Linda Tucker and Jason Turner. The rare, endangered white lion is revered by native Africans as the most sacred of all animals.

The GWLPT's mission is to protect white lions, which are at great risk from aggressive speed-breeding programs and trophy hunting, and to help preserve the indigenous knowledge that holds them sacred. CoreLight and Seeds of Light have supported the GWLPT's reintroduction program and have worked for several years in collaboration with them on many projects in the surrounding area.



We will have the opportunity to meet and experience these extraordinary and sacred beings in their natural habitat, as the pride was released in 2005 onto several hundred hectares of natural bushveld. While our accommodation at the GWLPT is a bit rustic, the opportunity to sleep one night on sacred white lion land is something not to be missed.

It is difficult to capture in words the profound spiritual experience of being with the white lions and sleeping on sacred lion lands. Click here to watch Leslie and Andrew Harvey in the video, "[Star Beings of Africa: The White Lions of Timbavati](#)", which better captures the mystery and magic of the white lions, as well cats in general—big and small.

Garonga Lodge



[Garonga Safari Camp and Little Garonga](#) are exclusive camps situated in the greater [Makalali Conservancy](#) situated west of the Kruger National Park. We plan to use both camps, ensuring a private, restful and luxurious experience for our group.

The Safari Camp is an exclusive 12-bed camp, featuring a holistic philosophy that offers a safari for the soul, an unhurried and intimate wildlife encounter, a time to reflect and find inspiration in nature.

Garonga Safari Camp reflects the surroundings of the bush's textured earthy colors and clean lines, which have been incorporated in the fine linen to ensure pure comfort, a tempting place to lie and meditate for hours.

The luxury tents are situated overlooking a dry riverbed, each with a wooden deck with its own hammock and spectacular views.

While we are at Garonga, we will have the opportunity to spend time with Audrey Delsink (known as Auds) and hear about her brilliant immuno-contraception work that is so successful with the elephants of Makalali conservancy.

Please check out [Brad's interview of Audrey Delsink](#) in the Elephant Contraception video on YouTube, to find out more details about this exciting and inspiring project.

Adam's Calendar

Our pilgrimage includes a visit to Adam's Calendar, one of the ancient ruins that form part of a mysterious civilization that created a vast network of structures throughout Southern Africa—known as the “Temples of the gods”. About 20,000 of these ancient structures are spread over 4,000 kilometers from Kenya to South Africa. Intricate Reiki symbols and Phi ratios make up the structure of some ruins, which contain stones of black reef shale; when struck together, these stones make a ringing sound and are believed to have been used to generate energy for use by the ancient people.

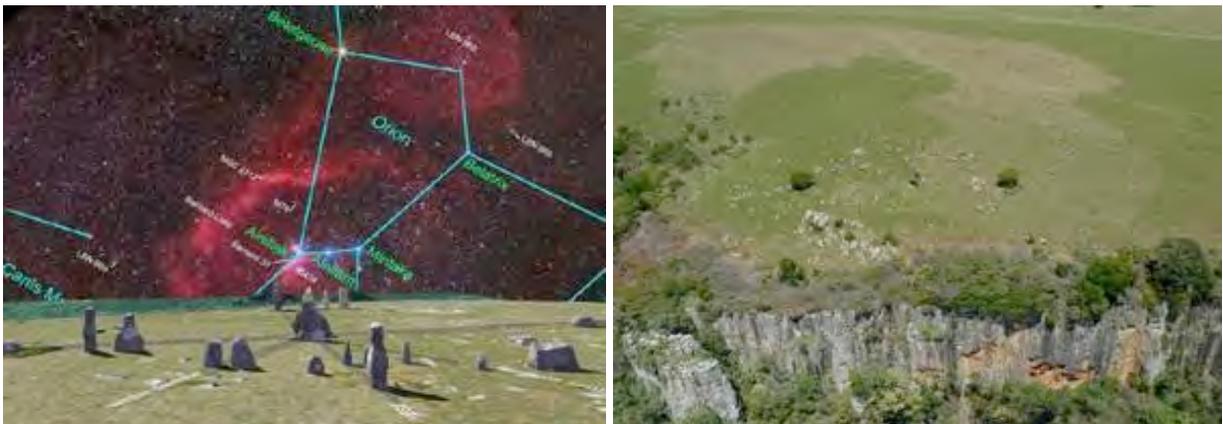


Adam's Calendar is the oldest archeo-astronomical site on Earth and is believed to be the original birthplace of humanity. Dated 75,000 years old, this stone calendar predates all other man-made



structures found to date. During our two-day visit to this area, you will learn the significance of its siting above “Lulungwa Mangakatsi”—Africa’s legendary underground river, the spinal fluid of Earth—and its association with gold.

Here we will take time to meditate, receive an initiation, absorb the energetic gifts of this extraordinary sacred site, and offer our prayers in sacred ceremony.



The Purpose of the Trip

Pilgrimages to South Africa with Leslie have been profoundly life changing for each person. The intention for the journey is to offer our gift of meditation and prayer and to receive the power and grace of the land and animals there. The group will meditate and process together, offering up the resulting shifts in consciousness to the collective mind. Our gesture of service is more than reciprocated by the powerful grounding transmission offered by Mother Africa.



As Leslie puts it, “The darshan of the land is so strong, I feel like I’m just along for the ride.” Africa always leaves her indelible imprint on us, and we all leave a piece of our hearts with her.

This pilgrimage is not a vacation or a party. Although we will have fun and although some of our experiences may bring great joy, happiness and relaxation, the purpose of the journey is not to indulge in having a holiday. We offer this pilgrimage in the spirit of service to the Earth, to higher consciousness and to our own spiritual growth. We journey not only to drink in

and appreciate the exquisite natural beauty and spiritual power of Mother Africa, but also to serve and to give something back.

Something magical is birthing in South Africa at the moment. It is a fledgling democracy that has chosen constitutionally the path of equality for all, including for animals. The spiritual implications of this choice are astounding, and we go to lend our support in meditation. Although South Africa is not without its struggles and indeed has its fair share of crime and corruption to work through (as does any new democracy), the flow of grace supporting its remarkable path towards a new paradigm can be perceived tangibly when one attunes inwardly in meditation there.

We will focus much of our time on being with animals and in nature. Because animals and the Earth are incredibly misunderstood and mistreated, pioneering a new kind of relationship with them is dear to our hearts. Many species are under threat due to the imbalance in humanity's relationship to nature, unsustainable practices and human encroachment on the animals' territory. We go to learn about the animals, to connect with the environment at a deeper level and to experience the mystical nature of the eco-system. We offer our hearts and our meditations with the animals in the spirit of loving service to nature and to the web of life.



This is a pivotal, powerful, amazing time for South Africa. We invite you to come with us as we participate in the miracle.

OPTIONAL ADD-ON
December 16 - 20
THE WHITE LION LEADERSHIP ACADEMY

We have been invited to teach a module at the [White Lion Leadership Academy](#)—a retreat on sacred white lion lands. More information about our retreat is forthcoming, but here is the intention of the program, which is accredited by Wisdom University:

Inspired by the king of all animals and their successful return to their natural kingdom (through the efforts of the Global White Lion Protection Trust), this program encourages participants to:

- * Step into your purpose
- * Take up your rightful role
- * Translate your highest self into action and make a meaningful difference to your environment.

We'll be sending out details soon about this optional add-on retreat for those who are interested in staying on.

